| | Time In | Time Out | Description | Total Time | B-Roll | Time In | Notes |
|---|---|---|---|---|---|---|---|
| R02_02(b) Interview-EditStock | 00:02:01:12 | 00:02:09:21 | "there's something about approaching the rock... nature" | :08 | | | |
| R8_86 Close Hands-EditStock | 07:03:03:05 | 07:03:04:18 | B roll only - hands on the rock | :01 | | | |
| R05_57 Matt Climbing-EditStock | 00:00:16:09 | 00:00:14:15 | Matt slaying at climbing | :28 | | | |
| R02_02(b) Interveiw-EditStock | 00:11:03:06 | 00:11:18:21 | "To me rock climbing isn't necssarily how hard | :15 | | | |
| | | | you can climb what grade of rock you can climb | | | | |
| | | | it's really about touching each hold and | | | | |
| | | | challenging yourself to be better than you were | | | | |
| | | | last time." | | | | |
| R02_03(a) Interveiw-EditStock | 00:30:00:09 | 00:30:08:21 | "Being in nature and rock climbing is | :08 | | | |
| | | | complimentary to gods handiwork | | | | |
| | | | and just being able to appreciate what god has | | | | |
| | | | given us" | | | | |
| R02_03(a) Interveiw-EditStock | 00:27:43:011 | 00:27:49:09 | "Beheadware has partnered with me to" | :06 | | | |
| | | | encourage my passion of rock climbing" | | | | |
| R03_04 Walking-EditStock.mov | 04:43:41:00 | 04:43:49:22 | Matt walking.Pretend he has BE headwear | :09 | | | |
| R05_56 Rock-EditStock.mov | 00:00:00:00 | 00:00:24:07 | Rock Matt is about to climb | | | | |
| R02_02 (b) interveiw EditStock.mov | 0:04:43:15 | 00:02:14:18 | "it's an addiction just getting from point a to point b" | :03 | | | |
| R05_44 Matt bouldering WS-EditStock.mov | 00:00:00:00 | 00:00:12:23 | Matt bouldering in a weird way | :13 | | | |
| | 00:06:08:14 | 00:06:10:08 | "every route is worth it" | :03 | | | |
| R02_02 (b) interveiw EditStock.mov | 00:02:14:16 | 00:02:14:17 | "I get the opportunity to look up and see what i am about to conquer" | :01 | | | |
| R04_161 Matt Climbing Topping Out-EditStock | :06:15:16:10 | :06:15:24:21 | Matt on top of mountain | :08 | | | |
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